



## Immunize Your Preteens and Teens Today

### Vaccine Recommendations for 11 to 18 year olds:

- Tdap (tetanus, diphtheria, pertussis)**  
This shot is recommended for preteens and teens and protects against three dangerous diseases, including whooping cough.
- HPV (human papillomavirus)**  
The 3-shot series, now recommended for boys and girls, protects against some cancers, including cervical cancer, and genital warts.
- Meningococcal**  
This shot protects against infections that can cause brain damage, arm and leg amputations, kidney damage, and death. Preteens need one shot now and a booster at age 16.
- Flu**  
Flu is much more serious than the common cold. Even healthy young people can get the flu. Everyone needs a flu vaccine (shot) every year!
- Chickenpox**  
Chickenpox is more than just an itchy rash. It can cause pneumonia or serious infections. Teens need two shots, but many didn't get their second shot.

#### Is your teen up-to-date on their hepatitis B, MMR (measles, mumps and rubella) and polio vaccinations?

The hepatitis B series, two MMR vaccinations and polio series are required for entrance into Georgia public schools and all University System of Georgia Colleges. Many other colleges may require certain vaccines as well.

**Want to know more?** Visit <http://www.cdc.gov/VACCINES/who/teens/index.html>